




**ST TAMMANY PARISH PUBLIC SCHOOLS  
LUNCH MENUS FOR HIGH SCHOOLS  
JANUARY 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ONE ENTRÉE PER LINE which will be the manager's choice.</b>				
<b>LUNCH PRICES:</b> <b>Reduced (PK-12)</b> <b>\$0.40</b> <b>Full Price (PK-6)</b> <b>\$1.30</b> <b>Full Price (7-12)</b> <b>\$1.55</b> <b>Eligible Adults</b> <b>\$3.25</b> <b>Visitors</b> <b>\$4.75</b>	<b>1</b> WINTER/CHRISTMAS BREAK	<b>2</b> WINTER/CHRISTMAS BREAK	<b>3</b> WINTER/CHRISTMAS BREAK	<b>4</b> WINTER/CHRISTMAS BREAK
<b>7</b>  <b>Main Line:</b> Creamy Chicken Fettuccine Fresh Crisp Carrots Seasoned Green Beans Fresh Baked Breadstick Dessert <b>Take Out Line:</b> Kick'n Chicken Sandwich OR Hot French Fries Choc chip cookie	<b>8</b>  <b>Main Line:</b> Delicious Chicken Tenders OR  Garden Green Salad Creamy Mashed Potatoes Fresh Baked Roll <b>Express Line:</b> Personal Pan Pizza Marinara Sauce	<b>9</b>  <b>Main Line:</b> Beef Tacos w/ Fixings Whole Kernel Corn Garden Fresh Salsa Fresh Baked Breadstick <b>Take Out Line:</b> Mozzarella Sticks Marinara Sauce Fresh Green Salad	<b>10</b>  <b>Main Line:</b> Turkey Roast Louisiana Style Red Beans OR Garden Green Salad Fluffy Rice Fresh Baked Roll <b>Take Out Line:</b> hamburger Hot French Fries	<b>11</b>  <b>Main Line:</b> Chinese Chicken w/ Rice Green Salad Hot Fluffy Roll <b>Take Out Line:</b> Chicken Sandwich Hot French Fries
<b>14</b>  <b>Main Line:</b> Gumbo Steamed Carrots Creamy Cole Slaw Fluffy Hot Roll <b>Take Out Line:</b> Pizza Garden Green Salad Marinara Sauce	<b>15</b>  <b>Main Line:</b> Delicious Chicken Tenders Broccoli Crown Florets Creamy Mac-N-Cheese Fresh Baked Roll <b>Express Line:</b> Personal Pan Pizza Marinara Sauce	<b>16</b>  <b>Main Line:</b> Baked Chicken Potato Salad BBQ Baked Beans Hot Roll <b>Take Out Line:</b> Hamburger w/ Fixings French Fries	<b>17</b>  <b>Main Line:</b> Roasted Turkey Sweet Potato Casserole Rice & Gravy Fudgy Brownie <b>Take Out Line:</b> Meatball Sub Hot French Fries <b>Express Line:</b> Homestyle Hamburger Southern Potato Salad	<b>18</b>  <b>Main Line:</b> Meatloaf Fresh Crisp Carrots Creamy Mashed Potatoes Fresh Baked Roll <b>Take Out Line:</b> Smoked Pulled Pork Sandwich Hot French Fries Fresh Crisp Carrots <b>Express Line:</b> Crispy Chicken Sandwich Crisp Green Lettuce Ripened Red Tomatoes Southern Potato Salad
<b>21</b>  <b>MARTIN LUTHER KING HOLIDAY</b>	<b>22</b>  <b>Main Line:</b> Breezy Beefy Mac Fresh Crisp Carrots Seasoned Green Beans Fresh Baked Breadstick <b>Take Out Line:</b> Kick'n Chicken Sandwich OR Hot French Fries <b>Express Line:</b> Fruit Smoothie OR Parfait	<b>23</b>  <b>Main Line:</b> Spicy Chicken Tenders Fresh Crisp Broccoli Cheesy Potato Au gratin Fresh Baked Roll <b>Express Line:</b> Personal Pan Pizza Marinara Sauce	<b>24</b>  <b>Main Line:</b> Beef Tacos w/ Fixings Zesty Refried Beans Fresh Baked Breadstick <b>Take Out Line:</b> Fiesta Nachos Garden Fresh Salsa <b>Express Line:</b> Homestyle Hamburger	<b>25</b>  <b>Main Line:</b> Chinese Chicken w/ Rice Garden Green Salad Fresh Baked Roll <b>Take Out Line:</b> Pizza or meatball sub/fries <b>Express Line:</b> Kick'n Chicken Sandwich OR Classic Chicken Sandwich
<b>28</b>  <b>Main Line:</b> Italian Meat Sauce w/ Pasta Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick cookie <b>Take Out Line:</b> Kick'n Chicken Sandwich Hot French Fries <b>Express Line:</b> Homestyle Hamburger	<b>29</b>  <b>Main Line:</b> Spicy Chicken Tenders OR Delicious Chicken Tenders Garden Green Salad Steamed Broccoli Florets Creamy Mac-N-Cheese Buttery Toast <b>Express Line:</b> Personal Pan Pizza Marinara Sauce	<b>30</b>  <b>Main Line:</b> Comfort Food Shepherd's Pie Fresh Crisp Carrots Creamy Mashed Potatoes Fresh Baked Roll <b>Take Out Line:</b> Hot Dog w/ Chili OR Potato Rounds <b>Express Line:</b> Beefy Burrito OR Taco Burger	<b>31</b>  <b>Main Line:</b> Southern Fried Catfish OR Creole Baked Catfish Hot Baked Potato w/ Fixings Baked Beans Fresh Baked Roll <b>Take Out Line:</b> Homestyle Hamburger Hot French Fries <b>Express Line:</b> Kick'n Chicken Sandwich OR Classic Chicken Sandwich	<b>AVAILABLE DAILY:</b> Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk  Assorted Fruits & Veggies  <b>Optional Daily Entrée:</b> Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.